

**PZ Swim Club AUTUMN 2020 TIMETABLE**  
starts Thurs 10 Sept 2020

Squad	Monday evening	Thursday evening	Friday evening
Improvers & Development	6.30pm – 7.30pm	6.30pm – 7.30pm	
Junior Performance	7.30pm – 8.30pm	7.30pm – 8.30pm	6.30pm – 7.30pm 7.30pm – 8.30pm (option to swim for 1 hour or 2)
Senior Performance	7.30pm – 8.30pm	7.30pm – 8.30pm	6.30pm – 7.30pm 7.30pm – 8.30pm (option to swim for 1 hour or 2)

YOU MUST BOOK ONLINE TO SWIM (we'll send you a booking link)  
PLEASE ARRIVE 'SWIM READY' 5 MINUTES BEFORE YOUR SESSION